



St Peter's College

ADELAIDE, AUSTRALIA

1847 **170** 2017
YEARS

“No, I will not eat that!” Making mealtimes magic with a fussy eater

Fussy eating can be a normal yet at times frustrating element of mealtimes with young children. Please join us on Thursday 28 September in the Higgins Hall between 2:00 – 3:00pm to hear Molly Malone from Can: Do 4Kids speak about fussy eating. Molly will share strategies, tips and tricks for helping children diversify their food repertoire, diet and nutrition, and increase their enjoyment of a variety of foods.

Please rsvp to Julie Cobain jcobain@stpeters.sa.edu.au by Monday 25 September if you are able to attend.

Kind regards,

Sheryle Yorston
Head of Early Years